

# CIE Biology GCSE

## 10 - Diseases and Immunity

### Flashcards



# What is a pathogen?



# What is a pathogen?

A microorganism that causes disease



# What is a transmissible disease?



# What is a transmissible disease?

A disease which can be passed between hosts



Give 5 ways diseases can be spread



## Give 5 ways diseases can be spread

- Droplet infection
- Eating contaminated food
- Drinking contaminated water
- Direct contact
- Entry through wounds



State 2 chemical defences the body uses to prevent infection





State 2 chemical defences the body uses to prevent infection

- Strong stomach acid kills pathogens
- Mucus contains antimicrobial chemicals



State 2 mechanical defences the body uses to prevent infection



State 2 mechanical defences the body uses to prevent infection

- Nasal hairs used to trap and waft dirt and microbes to prevent entry into the airway
- The skin acts as a barrier to pathogens



Give 2 ways that white blood cells  
protect the body from infection



Give 2 ways that white blood cells protect the body from infection

- Phagocytosis (engulfing pathogens)
- Producing antibodies which attach onto pathogens



# How do antibodies work? (Higher/Supplement)



## How do antibodies work? (Higher/Supplement)

- Specific antibodies bind to antigens on the pathogen
- The antibodies can either destroy the pathogen or make the pathogen easier for white blood cells to engulf



Why can only certain antibodies bind to  
certain pathogens?  
(Higher/Supplement)





Why can only certain antibodies bind to certain pathogens? (Higher/Supplement)

Antibodies have specific shapes and can only bind to specific and complementary antigens on pathogens



# What is active immunity? (Higher/Supplement)



What is active immunity? (Higher/Supplement)

Active immunity is a type of immunity where white blood cells produce specific antibodies against a pathogen



State 2 ways that active immunity can be  
obtained  
(Higher/Supplement)



State 2 ways that active immunity can be obtained  
(Higher/Supplement)

- Vaccination
- Infection with the pathogen



# How do vaccines work? (Higher/Supplement)



## How do vaccines work? (Higher/Supplement)

- Dead, inactive or weakened pathogens are injected into the body
- The body produces antibodies against the pathogen
- Memory cells are also created to provide long term immunity



Give 4 methods of controlling the spread of disease





# Give 4 methods of controlling the spread of disease

- Hygienic food preparation (storing food in appropriate conditions, washing equipment)
- Good personal hygiene (using tissues, washing hands and cleaning regularly)
- Waste disposal
- Sewage removal and taking precautions to ensure it does not contaminate drinking water



# What is herd immunity? (Higher/Supplement)



## What is herd immunity? (Higher/Supplement)

Where the vast majority of a population are vaccinated which prevents the disease from spreading as there are fewer unvaccinated individuals for the disease to spread between



# What is passive immunity? (Higher/Supplement)



What is passive immunity? (Higher/Supplement)

Where an individual is provided with short term immunity by receiving antibodies from another individual (typically a mother to an infant)



Why is passive immunity only short  
term?  
(Higher/Supplement)



Why is passive immunity only short term?  
(Higher/Supplement)

No memory cells are produced



Why is passive immunity important to  
breastfed infants?  
(Higher/Supplement)





Why is passive immunity important to breastfed infants? (Higher/Supplement)

The infants have not yet had time to develop their own antibodies as they have not been exposed to as many pathogens



# What is an autoimmune disease? (Higher/Supplement)



# What is an autoimmune disease?

(Higher/Supplement)

A disease where the immune system attacks the body cells



Give an example of an autoimmune  
disease  
(Higher/Supplement)



Give an example of an autoimmune disease  
(Higher/Supplement)

Type 1 diabetes

